

Join us for our  
25th Annual  
5k Turkey Bowl on  
Thanksgiving Morning

A Family Tradition!



1 Mile Children's Fun Run

- For children **12 & under**.
- The 1 mile Fun Run will wind through the main grounds of the camp.
- Race will begin at **9:10 a.m.**
- Fee for the Children's Fun Run only is **\$8.00**.
- Children running both races pay only for the 5K Race.
- Registration and race packet pick-up will begin at **7:45 a.m.** at camp.
- Mom or Dad may run alongside their child in the Fun Run at no charge.
- All child participants who finish the Fun Run will receive a Finisher's Medal.

5k Turkey Bowl  
November 24, 2016

The 5k (3.1 mile) race is a cross-country type race that will take you through our beautiful camp and around our lake. Includes some hills.

The 5k race will begin at **9:40 a.m.** Registration and race packet pick-up will begin at **7:45 a.m.** at the camp. Race Day Registration will end at **9:20 a.m.**

The race is sponsored by area businesses.

First place trophy to the overall female and male runners will be given. The top overall time for 2015 was 17:02 for males & 20:46 for females.

Medals: Top 3 Male & Female in each age group:

- ♦ 11 & under, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 & up.

**Fees are \$21.00 for the 5K race by 11/10/2016 and \$26.00 after 11/10/2016.**

- ♦ T-shirts guaranteed to runners registering by 11/10/2016 and while they last after that date.
- ♦ Refreshments and awards after the 5k race.
- ♦ Door prizes randomly drawn after 5k race for participants who are present.
- ♦ Chip timing and prompt results.
- ♦ Parking and restrooms available.
- ♦ Carpooling will help with parking.
- ♦ Donations are welcomed.
- ♦ Online Registration available - link on camp website below.

For more information contact:

Bruce Gregory - (610)273-3969

E-mail: [bruce@telhaicamp.org](mailto:bruce@telhaicamp.org)  
[www.telhaicamp.org](http://www.telhaicamp.org)

Turkey Bowl Races Entry Form

Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip(+4): \_\_\_\_\_ Attended Before: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_

DOB: \_\_\_\_\_ Age (as of 11/24/2016): \_\_\_\_\_

Email: \_\_\_\_\_

Email confirmation Yes \_\_\_\_\_ No \_\_\_\_\_

Circle T-shirt size: Child sizes: Y-M Y-L

Adult sizes: S M L XL XXL XXXL

Event: 5k Race \_\_\_\_\_ Kids Fun Run \_\_\_\_\_

Please Sign Waiver

I know that participating in a road race is a potentially hazardous activity. I am in adequate physical, mental, and medical condition to participate in this event. In consideration of this entry form being accepted for the 2016 Turkey Bowl at Tel Hai Camp, I, for myself and anyone entitled to act on my behalf, waive and release Tel Hai Camp, Tel Hai Retirement Community, Honey Brook Township, Sponsors, volunteers & staff, Race Director, timing officials, and all persons & organizations affiliated with the race from any and all liability arising from illness, injuries, damages, and even death that I may suffer as a result of my participating in this event.

I hereby give my permission to the media and Tel Hai Camp to use my name and/or picture/video in any newspaper, broadcast, telecast, promotional, or any account of this event, without limitation, and without any obligation of anyone to compensate me further.

Signature

Date

Parent's signature required if under 18

Mail entry form and entrance fee made payable to:

**Tel Hai Camp & Retreat**  
**Turkey Bowl Races**  
**31 Lasso Dr**  
**Honey Brook PA 19344-9261**